KPER 1400: Concepts of Recreation and Leisure

Course Syllabus

- Course Description
- Course Goals
- Course Materials
- Course Overview
- Learning Activities
- Evaluation and Grading
- Distance and Online Education Student Resources
- Acknowledgments

Course description

The University of Manitoba Undergraduate Calendar describes this course as follows: The nature and scope of recreation and leisure, the past influences and implications for the future. An overview of the types and roles of various components of the leisure service delivery system. May not be held for credit with PERS 1400 (123.140).

This course explores the nature and scope of recreation and leisure, considering past influences and implications for overview of various components of the leisure service delivery system and the roles they play in developing recreation information presented in this course will hopefully motivate and inspire you to understand and continue to learn about play, active living and healthy lifestyles. There are many components included in the recreation profession (travel and management) that will be explored during this course.

Course goals

Upon successful completion of this course you should be able to:

1. Distinguish between definitions of leisure and recreation used in Canadian society;
2. Explain the organization, scope and history of leisure in Canada;
3. Describe the leisure service delivery sectors;
4. Develop a leisure profile;
5. Provide an overview of the types of community development in leisure and recreation; and
6. Identify and explain a variety of areas of specialization and career opportunities in the leisure and recreation pr
Required course materials

Bookstore:

The following required materials are available for purchase from the University of Manitoba Bookstore. Please order your materials immediately, if you have not already done so. See your Distance and Online Education Student Handbook for instructions on how to order your materials.

Textbook:


Course overview

Overview

The area of recreation and leisure is very broad and diverse. The content in this course will be covered using a western perspective. You will learn and discuss the concepts of leisure and recreation, the leisure delivery system in Canada, areas of specialization in the profession (recreational travel and tourism, outdoor recreation, sport management), community development, career opportunities and future trends in the breadth of the field. The content of the course will be explained at the beginning of the course but not dealt with in detail. Areas of discussion have been chosen based on student interest levels in the past and information that is important for you as a consumer (now, and in the future). The intent is that knowledge can be applied to your personal life as well as a future career choice in recreation or sport management.

This course is divided into 6 quizzes and 2 assignments. There are no midterm or final exams.

Course material for each assignment is provided in the course materials. For each assignment, Instructional Content will be provided that highlights the major concepts students will be expected to comprehend. Please note that the Instructional Content cannot be read as a substitute for the textbook. You must read the textbook sections specified for each section.

Each assignment will be submitted online. Detailed instructions on completing the assignment can be found within the assignment.

Topics

<table>
<thead>
<tr>
<th>Topic</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Understanding Leisure</td>
<td>This topic covers the basic concepts and definitions of leisure, recreation, sport, and leisure history will be presented.</td>
</tr>
<tr>
<td>Leisure Behaviour</td>
<td>This topic looks at the theories and concepts that relate to our leisure behaviour. Reflection on our current and future leisure behaviour will be experienced and expressed.</td>
</tr>
<tr>
<td>The Leisure Delivery System</td>
<td>This topic covers the public, private and commercial sectors. We will introduce the leisure delivery system and the relationships involved with the different levels of government and sectors. You will gain an understanding of the provision of programs and services through knowledge, interaction, and dialogue. We will examine the current trends impacting the profession and the delivery of programs and services.</td>
</tr>
<tr>
<td>Areas of Specialization</td>
<td>This topic is an overview of the many components that make up the recreation profession. Emphasis will be on travel and tourism, outdoor recreation, leisure and people with disabilities and sport management. Current employment opportunities within the leisure and recreation profession will be discussed, as well as areas of study and where we can go with a degree in recreation management and community development will be explored.</td>
</tr>
</tbody>
</table>
Community Development
This topic consists of a review of the evolution of community development and community development research in Canada. The types of community development in leisure and recreation will be discussed.

Volunteering in Canada
In this topic, we will be defining volunteering, examine why people volunteer and how they might benefit from the experience. The not-for-profit (public) sector will be discussed in this section.

Learning activities
This course will be a quiz-and assignment-based course. The learning activities will include:

- Reading the instructional content;
- Reading from the textbook;
- Viewing various websites;
- Online quizzes; and
- Two assignments

Evaluation and grading
The assignments include a variety of exercises and will be graded according to the assignment rubrics found with the assignments.

Distribution of marks

<table>
<thead>
<tr>
<th>Evaluation</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quiz 1</td>
<td>5%</td>
</tr>
<tr>
<td>Quiz 2</td>
<td>5%</td>
</tr>
<tr>
<td>Quiz 3</td>
<td>5%</td>
</tr>
<tr>
<td>Quiz 4</td>
<td>5%</td>
</tr>
<tr>
<td>Quiz 5</td>
<td>5%</td>
</tr>
<tr>
<td>Quiz 6</td>
<td>5%</td>
</tr>
<tr>
<td>Assignment 1</td>
<td>30%</td>
</tr>
<tr>
<td>Assignment 2</td>
<td>40%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
</tbody>
</table>

Grading scale

<table>
<thead>
<tr>
<th>Letter grade</th>
<th>Percentage grade</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A +</td>
<td>95 – 100</td>
<td>Exceptional</td>
</tr>
<tr>
<td>A</td>
<td>85 – 94</td>
<td>Excellent</td>
</tr>
</tbody>
</table>

Sample
<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>B+</td>
<td>80 – 84</td>
<td>Very Good</td>
</tr>
<tr>
<td>B</td>
<td>70 – 74</td>
<td>Good</td>
</tr>
<tr>
<td>C+</td>
<td>70 – 74.9</td>
<td>Satisfactory</td>
</tr>
<tr>
<td>C</td>
<td>60 – 69</td>
<td>Adequate</td>
</tr>
<tr>
<td>D</td>
<td>50 – 59</td>
<td>Marginal</td>
</tr>
<tr>
<td>F</td>
<td>less than 50</td>
<td>Failure</td>
</tr>
</tbody>
</table>

**Note:** All final grades are subject to departmental review.

## Assignments

Your assignments will be submitted online using the assignment drop-box in your course website. Assignments must be in Microsoft Word (.docx) format.

The quizzes consist of multiple-choice questions. Each quiz is worth 5% of your final mark. Each quiz will be open for one hour time limit to complete the quiz once you begin.

**Note:** Detailed instructions about the assignments are found on your course website.

**Assignment 1: Leisure Profile (30%)**
Create a leisure profile by listing and journaling the leisure activities that you are currently involved with, indicating the five that you do most often and identify your favourite activities. Find one academic article that you think relates to your leisure behaviour and provide a brief explanation as to how it relates to your leisure lifestyle. The purpose of this exercise is to give you an opportunity to explore and reflect on how assignment will include areas of leisure behaviour and constraints.

**Assignment 2: Research Paper (40%)**
Write a 5-7 page formal APA format research paper on a topic relating to leisure and recreation. You will be required to use 3-5 academic journal articles to reinforce your paper. This paper should be on a topic that has been covered in this course, but is one that you are passionate about.

**Assignment due dates and late assignments**
Please consult your course schedule for the assignment due dates. Late assignments will be deducted 10% for every day that it is late.

## Plagiarism, cheating, and examination impersonation

You should acquaint yourself with the University’s policy on plagiarism, cheating, and examination impersonation as detailed in the General Academic Regulations and Policy section of the University of Manitoba Undergraduate Calendar. Note: These policies are also located in your Education Student Handbook or you may refer to Student Affairs at [http://www.umanitoba.ca/student](http://www.umanitoba.ca/student).

## Distance and Online Education (DE) Student Resources

In your course website there are links for the following:

- Contact Distance and Online Education Staff
- Distance and Online Student Handbook
- Distance and Online Education Website
Acknowledgments

CONTENT SPECIALIST (2013 REVISIONS):

Meagan Halowaty
Recreation Management and Community Development
Kinesiology and Recreation Management
The University of Manitoba

Meagan Halowaty is alumni of the University of Manitoba, receiving both her Masters of Arts (Recreation Studies) and Bachelors of Recreation Development (BRMCD) from the Faculty of Kinesiology. Her expertise is in sustainable tourism development, specifically in developing countries such as Uganda, Africa. Meagan lives just south of Winnipeg where she loves to engage in leisurely activities such as hiking and walkir

CONTENT SPECIALIST:

Colleen Plumton
Recreation Management and Community Development
Management
The University of Manitoba

Colleen Plumton is a graduate of the University of Manitoba, receiving her undergraduate degree in Recreation Studies in 1983. Her expertise is in the area of sport and recreation planning. Colleen lives in Winnipeg with her husband and three daughters. Colleen loves leisure – it makes life FUN!

WEB DEVELOPER:

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Distance and Online Education
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